

January 2008

Volume '08/01

# WAES MONTHLY

## Wasatch Avian Education Society

AFFILIATED WITH AFA

### "Feather Destructive Behavior In Pet Parrots"

Next Meeting  
January 12 2008  
7:00 p.m.  
Salt Lake County  
Complex  
2001 So. State,  
Room N1100  
(North Building)  
Salt Lake City

#### Dr. Doug Folland DVM

*"It is one of the most common problems I see in practice and probably the most frustrating for bird owner and veterinarian alike. I hope to cover: what it is, the causes and possible solutions. There should be plenty of time for Q and A."*

Read more about Dr Folland on page 7

#### New Homes!!

Gaby Moluccan  
Cockatoo  
Manu Moluccan  
Cockatoo  
Tiger Timneh African  
Grey  
Oscar Meyer's Parrot

WAES meetings offer not only educational lectures but also the opportunity to socialize with other parrot enthusiasts over light refreshments.

#### *President's Letter*

**From WAES President - Shawna Augustine**

Here we are in 2008. Not long ago we were dealing with Y2K. Time flies by too fast, especially the older I get. 2008 is exciting for me, as I was elected as the new WAES President. Thank You! I couldn't wait to get started and have already asked our new officers to begin forming committees for each position they hold. We would like to have volunteers helping out in all positions; Public Relations, Fundraising, and Special Events. Please contact a Board Member and let them know you are available to help make a difference.

Rescue has already formed their 'task force', which is going to cover home evaluations, making contact with potential foster and adoptive families, and those donating birds. They have their adoption committee members in place and ready to go.

We have a separate committee formed that has been reviewing all rescue documents in addition to writing policies and procedures. Each board position has also been tasked with documenting their policies and procedures.

Our first official board meeting will be held in February when we submit our budgets, committees, goals, and how we are going to obtain our goals.

Seems like we are all busy, but excited to get going! It's a little easier with the cold weather, keeping us close to our computers. Speaking of the cold weather, I hope you'll read our article this month from Lisa McManus on "WINTER CARE". < More on page 7 >

### Yellow Collared Macaw

Pilot is a male Yellow Collared Macaw. He was purchased from a pet store and he is terrified of people because of people poking fingers and other items in the cage bars at him, which absolutely traumatized him. He tries very hard to talk. He has lived with one owner for over 10 years. He is used to living with dogs and other birds, which he has been friends with for over 10 years. (Puddles and Tiger) Vet results pending.

Adoption \$250



### Bare-Eyed Cockatoo

Puddles is a male Bare-Eyed Cockatoo. He is very loveable and in perfect feather. He was purchased from a pet store over 10 years ago and has only one owner. He is used to living with dogs and other birds, which he has been friends with for over 10 years. (Tiger and Pilot) Vet results pending.

Adoption Fee \$250



### Yellow Crown Amazon

Yellow Crown is a Yellow Crown Amazon. He/she has been in foster care for a couple of months for rehabilitation. He/she has been to the vet twice since being in Rescue and the Doctor said that he/she is back to "whole health and is doing alot better". He/she is a complete sweetheart. Yellow Crown has become a great cage mate with Keiko, yet will now come to individuals easily as long as they both get some attention. ([More on our web site](#))

Adoption Fee \$390



### Blue Front Amazon

Keiko is a Blue Front Amazon He/she has been in foster care for a couple of months for rehabilitation. He/she has been to the vet twice since being in Rescue and the Doctor said that he/she is back to "whole health and is doing alot better". He/she is a complete sweetheart. Keiko has become a great cage mate with Yellow Crown, yet will now come to individuals easily as long as they both get some attention. Keiko will sit and jibber jabber with you for hours on end and LOVES for you to scratch his head. ([More on our web site](#))

Adoption Fee \$390



### Quaker

This little Quaker was found in someone's back yard in the springtime. His owner has never been found, but he has been cared for very well. He has seen the vet, and all test results are normal. The home he has been living in donated a nice cage for him, too. We believe he is an adult male Quaker. His favorite toys are a metal measuring cup and the lid to a mason jar. He enjoys Zupreem and Harrison's pellets. He is not hand friendly, and tends to bite. He has a cute little chirp, and is rather quite. He enjoys having other birds around and when you spend time in the room with him. Adoption Fee \$120



### Eclectus

Kiwi is a female Eclectus that comes with a big metal cage and toys. She is 14 years old. She has bitten the lady of the house but not the husband. She shares a cage now with a male Eclectus, and they seem to tolerate each other. They used to be more of a pair than they are now. She laid eggs many years ago, but not in recent years. She had some feather loss but the feathers are slowly growing back in. She says a couple of phrases, but is not often vocal. She says "hello", "who's the pretty bird/girl", and "how are you". ([More on our web site](#))  
Adoption Fee \$250



### White Eyed Conure

Brocklin is a White Eyed Conure that is 18 years old. He has personality plus! He is very comfortable being near you, and even on your shoulder, but he does not like to be touched. He is not mean and has not bitten. He will step-up but he is skittish when you want to handle him. Brocklin really enjoyed being near his boy companion that passed away recently. He has been a feather plucker, and shared a cage with this other Conure who was also a plucker. The feather plucking was caused from trauma after the two daughters that were the responsible care takers for the birds went off to college. ([More on our web site](#))



Adoption Fee \$200

### Poicephalous, Senegal

Gizmo is a great bird who likes to sit on your shoulder. He talks some, saying "Hello Buddy", "night-night", "Hello" and whistles and calls often. He will step up to anyone willing to hold him. He does pluck some but wears a collar and doesn't seem to mind it at all. He was donated because his owner has recently passed away. **Foster Update:** *Gizmo is doing great! He is an "awesome" bird. He seems to prefer men, and can deliver a good bite to others.*

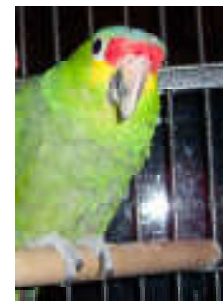


Adoption Fee: \$180.00

### Amazon, Red Lored

Pepe is an unpredictable bird. It is estimated that he is 9 years old. He prefers to remain in his cage and not be handled. He is not friendly and is NOT good with children. He bites very hard. Pepe will step up onto a stick, and then to your hand. He will move out of the way while you change his food and water. He eats Pretty Bird pellets and nearly everything else he is offered. He is not loud, and is rather quiet for an Amazon. He only says "Hello".

Adoption Fee: \$250.00



### Amazon, Orange Wing

Jasper was adopted from WAES approximately 3 years ago and has been returned to rescue because of lifestyle changes. Jasper is approximately 11 years old, male, and has a couple of deformed toes. He has been on a good diet of Zupreem, seed, and fruits and vegetables. His favorite foods are tomatoes, apples and bananas. He does talk and has been known to be a bit nippy, but he loves head scratches! He is currently not stepping up very well, but the foster family is working with him. ([Update on our web site](#))

Adoption Fee: \$250.00



**Conure, Green Cheek**

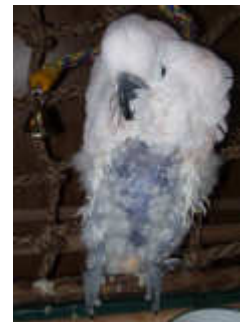
Damon is a green cheek conure about 10 years old, he loves to go exploring and visiting people throughout the house. He is a very adventurous eater (he loves berries, bananas and oatmeal) but mostly he eats Zupreem and a variety of seed, he loves being spoonfed! Damon is afraid of large groups of people (he gets right in his cage and doesn't want to come out) but he is quite friendly in smaller groups. He knows how to step up and he loves doing the dishes with his foster mom. He also loves to take baths. I just put out a lukewarm bowl of water, and he jumps in and has fun. He also loves to eat mandarin oranges.



Adoption fee: \$180

**Molaccan Cockatoo**

Milo is a Molaccan cockatoo, She was born on a farm in Havre Montana and is 7 years old. She began to pluck about 5 years ago when the owner's daughter was born. Through the years they tried all the resources available to try to keep him from plucking, but haven't been successful. There were various changes in the family and, Milo has begun bite more and squawks what seems to be non-stop. They have been working with a veterinarian and tried everything they could. The veterinarian recommended WAES. Vet results pending Adoption fee: pending



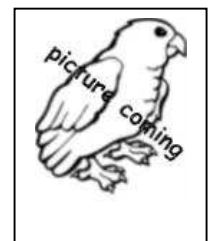
**Little Bird - Senegal**

Little Bird is close to 22 years old. She has been in her latest home for 7 years). She is pretty much a one-person bird. She is very loving with her "mate" but has a vicious bite with those who are unlucky enough to not be 'the love of her life'. Little Bird has a wonderful repertoire of calls and whistles. She can mimic telephone ringers and makes Star War sounds. She says 'pretty bird' in several voices and will on occasions say 'what's up?' She has plucked as long as we know of. She does not have a cage. She had some health issues. Vet results pending Adoption fee: pending



**Hannah - Blue and Gold Macaw**

Hannah was approximately two when she came to live in her most recent home and was there for 6 years. She has always been a curious and very, very smart girl. She talks quite extensively and understands a great deal. Her vocabulary includes: Hannah-Banana, Come on, hurry up, right now; I love you, pretty bird. She teases Little Bird by saying 'pretty bird' over and over until Little Bird begins shrieking then Hannah says to Little Bird: "Stop it, you brat". She sometimes sounds like a bad opera singer. Hannah is wary of being handled and does bite. Her foster home is working with her and she had some health issues. Adoption fee: pending She has been to the veterinarian. Vet results are pending. Adoption fee: pending



**Congratulations to the new 2008 WAES Board**

**President Shawna Augustine**

**Vice President Clark Caras**

**Secretary Alice Mehl**

**Treasurer Audrey Hollaar**

**Publicity Peggie Carpenter**

**Rescue Director Susan Kelley**

**Special Events Doug Judd**

**Fundraising Danielle & Robert Blanch**

## WINTER CARE

By Lisa McManus

<http://www.scottieparrots.com>

Editors Note: We didn't have room for this in earlier Newsletters but consider the information in this article so important for WAES members that we are including it in this month's newsletter.

Fall is almost here and with it comes different considerations for our flock. Our parrots are not that far removed from their wild ancestors, most whom live in warm, humid climates. Their wild habitat is quite different from our homes. Winter, even inside, can take a toll on our pets.

Check your windows for drafts and consider how close your bird's cage is to an outside door. Drafts can negatively affect your bird's health. If you are unable to move your bird's cage away from a drafty window, cover the back or side of your bird's cage with a blanket or other cover. This is also good to do in the summer for a cage that is in line with the cool air blowing from a swamp cooler or air conditioner. Even the warm draft of a heating duct is a potential problem.

When turning on your furnace for the first time in the fall, ventilate the room first. Dust accumulates during the time the furnace has not been in use and can burn on the heating elements. Clean your air ducts and filters regularly to keep airborne dust and bacteria to a minimum. Run an air-filtering machine for added protection. Not one with an ionizer, but one that only filters the air. Remember to check your heating system for any leaks and install a good carbon monoxide detector in case any leak should occur.

Forced hot air will deplete the humidity quickly in your home by approximately 30 percent. This dry heat dries out the nasal passages causing your parrot to be more susceptible to illness. Signs of nasal dryness are constant scratching of the nares (nostrils), sneezing and shaking the head. A humidifier placed in the same area as your bird's cage will help both your bird and you. There are also humidifiers that can be attached to your furnace to raise the humidity level in your entire house. Also, remember to check your bird's water bowl more often to guard against dehydration.

If you use additional heaters in your house, never use any that have a non-stick coating, such as Teflon, on any of their parts. When the non-stick coating is heated it releases a toxic gas that can kill a bird in seconds. If you are not sure if there are any non-stick coated parts, call the company's customer service line and ask. Do not be satisfied that it is safe to use around pets – too many people do not realize the how fragile our birds' respiratory systems can be when subjected to fumes. Once you are sure the heater is "Teflon-free", take one more safeguard and run the new heater in the garage or outside for at least an hour prior to using it in the house.

Other items containing non-stick surfaces are irons, stove top burners, self-cleaning ovens and some regular ovens, griddles, hair dryers, lamps and some bulbs. It is possible that using several of these items at the same time is additive and raises the amount of fumes in the air.

Closed windows during the winter months means there is no fresh air ventilating the house. Remember that incense, air and carpet freshener and many candles contain volatile oils that are toxic to our birds and are being re-circulated throughout the house through the heating ducts.

If you choose to lower your thermostat during the night, you might want to consider a heated perch. Cold nights will cause chilled feet, which can be very bothersome to our older birds and is uncomfortable for all of our birds. A blanket covering the cage will partially help keep the body heat inside the cage. The U.S. Department of Energy reports that you only save about 1 percent on your heating bill for every one-degree you set your thermostat back while you are sleeping. (Continued on page 6)

Bathing during cold weather is still necessary. The best time for birds to bathe is during the morning. Then they will be dry well before bed time and the dropping temperatures at sunset. Bathing also helps alleviate dry skin and nares caused by forced air heat.

Winter storms may cause power outages in your area. Keep plenty of extra blankets and carriers on hand to house and cover your birds to keep them warm. If you frequent thrift stores you can often find these items at excellent prices and be able to stock up. Move everyone to a small, interior room to help conserve body heat. Keep all emergency numbers posted, stock up on food, water and other non-perishable foods for your birds. Hand and pocket warmers sold in camping departments and wrapped in a towel will also give added warmth. If your area experiences frequent outages, it may be wise to invest in a portable generator, but always remember to run it outside your house.

Keep your flock warm and healthy this winter. And when in doubt, trust your instincts.

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Here are a couple of pictures for those of you who missed the December meeting. We all had a fun time with great food and a video pictures of our birds.

Bill Gates dropped by and gave us all ten million dollars each for forwarding his emails. Moral of the story is come to the WAES meetings 'cause you can learn about birds and be with people like yourself. EVERYONE is welcome. Oh yeah, for those of you who were at the meeting and didn't see Bill or get ten million dollars, you must have left too early.

Start the Birdy New Year with some healthy birdy bread.

PELLET PUMPKIN BREAD.

- |                                  |                         |
|----------------------------------|-------------------------|
| 2 c finely ground pellets.       | 1 c. mixed vegetables   |
| 1 ripe banana.                   | 1 c. cooked pinto beans |
| 1/3 c. wheat germ oil            | or prepared bean mix    |
| 1/3 c. vegetable or red palm oil | 1 c. cooked brown rice  |
| 6 large eggs                     | 2 c. cornmeal           |
| 3 t. canned pumpkin              | 4 t baking powder       |
| 1 1/2 t applesauce               | 1 tsp. Spirulina        |

Mix pellets, banana, oils and eggs in the food processor until blended.

Add pumpkin and applesauce and continue blending. Pour mixture into large bowl and mix in vegetables, beans, rice cornmeal, baking powder and spirulina .

If additional liquid is needed, add unsweetened fruit juice.

Pour batter into a sprayed 9 x 13 inch baking pan. Bake at 325 for 40 minutes or until toothpick inserted in the center comes out clean. Cool cut into squares and freeze. Serve at room temperature or warm.

In January the Wasatch Avian Education Society will be honored to have as its guest speaker Dr. Doug Folland, DVM, owner and chief veterinarian of Parrish Creek Vet Clinic located in Centerville, Utah.

One of Utah's top Avian specialists, he is also noted for being a member of the Association of Reptilian and Amphibian Veterinarians as well as being listed on websites and being praised for his care of snakes and reptiles and being a highly recommended herpetologist. You will also find Dr. Folland recommended on websites for chronically ill felines and he is used often as the Show Vet by competitions of the American Kennel Club.

In 1998 Dr. Folland remodeled the old Centerville Post Office and turned it into one of Utah's leading veterinary clinics. Since that time he has become a staple to the business community of Centerville and sees visits by pet owners statewide and as far as Idaho and Wyoming.

Dr. Folland has loved animals his entire life and enjoyed all aspects and species of pets while growing up. Dr. Folland graduated with a degree in veterinary medicine from Oregon State University in 1983. And talk about taking work home with you...at the Folland home you will presently find two cats, a dog, 17 chickens, and oh yes, six children and a wonderfully understanding wife.

Dr. Folland's hobbies include gardening, hiking, backpacking, and playing sports with his six children.

In November 2005 it was Dr. Folland who was the featured avian specialist in the Deseret News story about the panic having to do with Avian Flu. At that particular time, Dr. Folland, who does work for Tracy Aviary and the Ogden Nature Center, calmed people's fears by pointing out there was not anything to panic about.

Dr. Folland explained to readers of the Salt Lake City daily newspaper that the avian flu is very much like the standard flu people often experience. He reassured the readers and pet bird owners that those who were most likely to experience problems with this particular strain were those working with poultry and wild birds.

He was quoted in the article as stating, "The place that it's most commonly seen is in chickens. It's pretty unlikely that a sick chicken is going to come flying in your house and sneeze on your pet parrot."

Dr. Folland was instrumental in that article and others in calming fears of the general public and reaction to pet birds in homes and stores.

Those wanting to contact Dr. Folland with questions prior to his appearance with Wasatch Avian can contact him at [parrishvet56@aol.com](mailto:parrishvet56@aol.com).



President's Letter continued from Page 1

The end of December was a time when a very plucked and naked bird came in to WAES Rescue and had to be moved from her current home in another state to a volunteer foster home of WAES. This bird's name is Milo, and we are going to track her success and rehabilitation throughout the year. Keep your eye on our web site for details and updates as the year goes by.

For 2008 and always, stay safe, healthy and happy!

Thank you,

Shawna Augustine

President – Shawna Augustine  
Vice President – Clark Caras  
Secretary – Alice Mehl  
Treasurer – Audrey Hollaar  
Fundraiser – Danielle & Robert Blanch  
Public Relations – Peggie Carpenter

2008 Officers

Special Events – Doug Judd  
Rescue Director – Susan Kelley  
Newsletter – Dennis Kelley  
Website – Dennis Kelly

For contact info. Please visit web site

The website has a new look – and gets updated regularly. Check for the latest news

See us for the latest in WAES: <http://www.wasatchavian.com/>

Want to know what's happening in WAES  
Join our **CHAT** group in Yahoo.  
Send an email to:

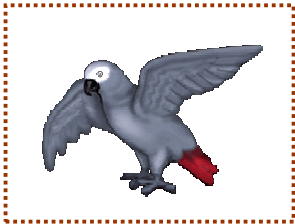
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Stay up to date in a **dynamic club**



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