

WAES MONTHLY

WASATCH AVIAN EDUCATION SOCIETY

WAES welcomes Madeleine Franco back

Madeleine Franco is one of our past officers and a longtime member of WAES. She was also a past officer and longtime member of the Las Vegas Avicultural Society. The rescue component of LVAS (Madeleine and others) recently formed the new organization SNPERRS. She is an award-winning business writer and a dedicated avian hobbyist/aviculturist with a homogeneous and platonic flock of over two dozen exotic pet parrots. Her article on plucking was published in AFA Watchbird. We are happy to welcome her back for this meeting.

Our raffle and light refreshments while meeting other parrot enthusiasts will follow this.

WAES President - Carol

WAES has super volunteers! What amazing people we have in our club. I am impressed everyday with the level of professionalism and sincere care I see. There isn't enough space to personally thank each of you for everything you do (rescue, newsletter, treats, board duties, fosters, donations, bird class, etc); so one great big THANKS FOR MAKING THIS A GREAT CLUB! The theme for our birds in 2007 seems to be foraging. Along with this idea is the fact that we need to keep our feathered friends busy and entertained for their happiness. Debbie did an incredible job at the last meeting giving us ideas on how to hide food around perches and in cages. Foraging would be the "hide and seek" game the bird would play to find the food that has been hidden. Toys also play a part in hiding food and just keeping the bird busy. I cannot emphasize enough how important it is to teach your bird to forage, to play, and to enjoy life. As a caged pet, it is our responsibility to make life fun for our feathered friends. The May's meeting will be a discussion on feather plucking. June's meeting will give us some opportunities to make toys for our birds. Often times, feather plucking can be the result of a bored bird who has not been taught to play or preen itself appropriately. Again, toys and foraging can help take the boredom away from our caged birds, and give them a sense of pleasure and meaning. I must add at this point, please always be careful with foraging things and toys to make sure they are clean, sterile, safe and appropriate. Many times it's best to error on the side of caution and give your birds new things supervised. Debbie had a super great idea I would like to share with you in closing. Soak a manicotti shell in water to moisten. Using a recipe for birdy bread right from our own cookbook, make the dough and fill it in the shell. [<See RECIPE on page four>](#) Bake at temperature for bread. Just that simple, you have a fun foraging toy that should give you bird some pleasurable time filled fun. See you in May!

Carol

WAES

Announcement:

In July there will be a Toy Trade Table set up at the meeting. More details to follow. Go to the WAES site and look under the "FUN STUFF" menu to read about the rules

Thanks to April's speaker Debbie Schluter both for a bunch of ways to get our birds to forage and for the sample food packets she gave out. Our birds like it. It pays to come to the WAES meetings where you get together with like-minded avian lovers.

For information about adoption visit the rescue page on our web site www.wasatchavian.com

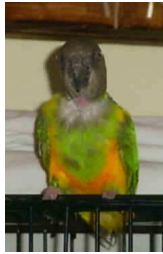
Adopt These Rescue Birds...



Demon - Conure, Green Cheek

Adoption fee: \$180

Demon is a green cheek conure about 10 years old, he loves to go exploring and visiting people throughout the house. He is a very adventurous eater (he loves berries, bananas and oatmeal) but mostly he eats Zupreem and a variety of seed, he loves being spoonfed! Demon is afraid of large groups of people (he gets right in his cage and doesn't want to come out) but he is quite friendly in smaller groups. He knows how to step up and he loves doing the dishes with his foster mom.



Gizmo - Poicephalous, Senegal

Adoption Fee: \$180

Gizmo is a great bird who likes to sit on your shoulder. He talks some, saying "Hello Buddy", "night-night", "Hello" and whistles and calls often. He will step up to anyone willing to hold him. He does pluck some but wears a collar and doesn't seem to mind it at all. He was donated because his owner has recently passed away. He is an "awesome" bird. He seems to prefer men, and can deliver a good bite to others.



Monroe - Cockatoo, Medium Sulpher Crested

Adoption Fee: \$200

Monroe is a personality-plus Medium Cockatoo. He will be a delight in the right situation. Each time Monroe picks out one favorite family member (usually the male of the house), then attacks all other family members. He will go to women and bond with them now. His overall problem of dealing with jealousy remains a problem—this is a one person bird.



Chester - Cockatoo, Moluccan

Adoption Fee: \$250

Chester is a male Moluccan Cockatoo appx 30 years old. He is a vocal bird and can get loud. Chester does not like males. He has an unpredictable attitude, but has gotten a lot better in the short time that he has been in his foster home. He needs someone who will have a lot of patience and time to work with him. He doesn't seem to mind other animals such as cats and dogs, and other birds.

Foster Update: Chester has recently begun starting to form a bond with the man of the house. It has taken a lot of patience and time with his foster family working with him, and he will step up when told it's "OK" by his foster mom and she is there with him coaxing him on. Vet results returned within normal range."



Jasper - Amazon, Orange Wing

Adoption Fee: \$250

Jasper is approximately 11 years old, male, and has a couple of deformed toes. His favorite foods are tomatoes, apples and bananas. He does talk and has been known to be a bit nippy, but he loves head scratches! He's gotten pretty good about stepping up although he still is aggressive in his cage. He's fairly vocal but usually not annoyingly so. He only screams when he feels he's not getting the attention he deserves and is mollified by us coming in and talking to him.



Pepe - Amazon, Red Lored

Adoption Fee:

\$250

Pepe is an unpredictable bird. He prefers to remain in his cage and not be handled. He is not friendly and is NOT good with children. He bites very hard. Pepe will step up onto a stick, and then to your hand. He will move out of the way while you change his food and water. He eats Pretty Bird pellets and nearly everything else he is offered. He is not loud, and is rather quiet for an Amazon. He only says "Hello". He will now step up to a stick and then go to a hand. He is approximately 10 years old. Pepe does not come with a cage. He has passed all of his vet checks.

Adopt These Rescue Birds...

Jazz - Miligold Macaw

Adoption Fee: \$300

Jazz is a healthy female Miligold Macaw approaching 16 years old. She can be a delightful loving bird, although she has jealousy issues. She needs to be watched around other birds. She bonds to one family member, and becomes aggressive around others.



Brocklin – White Eyed Conure

Adoption Fee: \$200

Brocklin is a White Eyed Conure that is 18 years old. He has personality plus! He is very comfortable being near you, and even on your shoulder, but he does not like to be touched. He is not mean and has not bitten. He will step-up but he is skittish when you want to handle him. Brocklin really enjoyed being near his four year old boy companion. He has been a feather



plucker, and shared a cage with another Conure who was also a plucker. The feather plucking was caused from trauma after the two daughters that were the responsible caretakers for the birds went off to college. Veterinary Diagnostic results of Chlamydia, Beak & Feather Disease, and Psitticid Herpes Virus were all negative. He will need an upgraded cage. Virus test was all negative. He will need an upgraded cage.

Baby – Cross Umbrella and Moluccan Cockatoo

Adoption \$250

Baby is a cross between an Umbrella and a Moluccan Cockatoo. He/She is approximately 7 years old. Baby has spent some of his/her time plucking. In the previous home, baby loved the man of house, and would attempt to attack the lady of the house. However, in the current foster home, Baby loves her Momma and is very friendly so far with other members of the house. He/She will even snuggle up to strangers. Baby has a large appetite for greens and other fresh foods and is very loud. Baby loves music and loves to dance and show off. Vet results pending.



Cleopatra – Umbrella Cockatoo

Adoption Fee pending

"Cleo" – joined our family eight years ago when she was nine. After shopping for months, we settled on her. She was living with a couple who loved her but had just had their first child and found they could not give her the attention she deserved. Nathan our son was thrilled with her sweet personality. Last fall he went away to college, and his life has become too busy to care for her. So she has stayed home with us. She misses Nathan, and since he left has taken to plucking her chest. Cleo loves to take showers with us. She laughs with us at family meals, and enjoys drinking whatever we're having. She also likes any kind of nut in a shell. I buy shelled, unsalted peanuts in bulk. She eats bananas too, preferably from our hands. She likes toast – I think it's the butter, actually. Cleo likes men best, but tolerates women who are bird-lovers. She doesn't seem to like small children much. One of my favorite activities is lounging with her when I watch TV. I put on an old pair of socks and she plucks it to shreds. She loves to dismantle pens and pencils, though I try to discourage her. Now we're moving to New Zealand, and have learned that while dogs and cats are welcome, birds are not. So we must find a loving home for this loving bird.



Oscar – Meyers Parrot

Adoption Fee \$180

Oscar would be perfect for the right family. He loves to be near people, where he can see them, and loves to snuggle, and be petted every day. He can and does bite hard. If you have small children, this is not the bird for you. He gets nervous around children. If a small child (or anyone) sticks a finger in his cage, he will most likely attack, and bite down hard, drawing blood. He can learn not to bite... just give him a good earthquake each time he tries it, and he'll stop biting you. But he has to go through this earthquake procedure with EACH member of the family. He normally bites a person after getting more comfortable with that person, and then usually when they are putting him back in his cage, or back onto a perch when he doesn't want down yet (because he likes that person), or if he's scared. He's not afraid of gloves, so if you prefer, you can wear them until he learns not to bite you. You should not put him next to your face.



Newsletters can be send either by mail or e-mail. The e-mail version is in **color** and no waiting for snail mail. Please send your e-mail address to rademan_2000@yahoo.com rademan_2000(at)yahoo.com or ccc@syptec.com



**Strut Your Mutt Saturday
May 19th, 2007**

Registration begins at 8:00 AM. Walk begins at 9:15 AM

Why Attend:

To have fun with your dog and to raise money for No More Homeless Pets in Utah, an organization working to end the euthanasia of dogs and cats throughout the state.

WAES booth will represent our Parrots and the American Federation of Aviculture

Bird Care Class a Triumphant Success.

After years of talking and planning this year's Rescue Director, Shawna Augustine, along with Steve Coleman as presenter, finally pulled off the WAES Bird Care Class. Much time was put into the presentation material, research, packets for participants, and coordinating the event. With more than 25 in attendance, WAES continues to provide the education and information necessary for healthy avian care. Steve Coleman will return to teach other classes and we are delighted to have him working so closely with Shawna. Stay tuned for more about Bird Care Class and future presentations.

Peggie Carpenter, due to health issues, has resigned as our P.R. director. Thanks for your work thus far and we wish you the best with care.

Thanks to Dan and Amey and family for the snacks. This family comes down from Idaho to attend the WAES meetings and we love having them attend.

Thanks to Kay Woolsey for making the Parrot Stand that was auctioned off at the April meeting and congratulations to Chase for the winning bid.

We would like to thank the Volkman Seed Company for their generous donation of a dozen bags of bird food.

Birdy Bread Recipe

- 4 jars baby-food
- 1/4 c. red palm oil
- 1/ c. peanut butter
- 1 sweet potato, cooked and mashed
- 4 eggs including shells
- 4 c. Harrison's pellets, ground in food processor
- 1/2 c. barley
- 1/2 c. oats
- 1/2 c. wheat flour
- 1/4 c. brown suaar

- 2 T. cinnamon
- 1 T. spirulina
- 2 T. baking powder
- 3/4 C. dried blueberries
- 3/4 c. dried cherries
- 1/2 bag speckled buttered beans
- 1/2 small bag collard greens, chopped fine
- 1/2 small bag corn
- 1 c. mixed raw nuts
- 1 red pepper, chopped
- handful of cilantro, chopped

From WAES birdy cookbook (over a hundred recipes)

The WAES Birdie Cookbook is - \$8.00. You can buy it online @ the WAES Web site

Mix baby foods, palm oil, peanut butter, sweet potato and eggs with shells in food processor until blended. In a large mixing bowl, mix remaining ingredients with processed wet ingredients. The batter will be quite thick. Use non-stick spray on a 9 x13 inch baking pan. Pour batter into prepared pan and smooth out surface. Bake at 400 for 1 hour, adding 15 minutes if not done in 1 hour. Cool cut into squares and freeze.

Birdie "PMS" - Parrot Molting Syndrome

by Marilu Anderson, Bird Nutrition and Behavior Consultant

Phone: (503) 771-BIRD

It's a fact of life - all our bird friends go through "P.M.S." several times a year! I am talking about "Parrot Molting Syndrome" for lack of a better term! It means emotional and physical changes, which can result in behavioral disturbances. When my 4-year-old Blue and Gold Macaw, Amber, goes into a molt you would swear she was "P.M.S.ing!" All of a sudden she's moody and irritable and cranky. Why? It takes a tremendous toll on the body to replace every single feather! New pin feathers coming in are itchy, if rubbed the wrong way, can be painful. Nutritionally, the body needs more nutrients during this time, especially fatty acids and minerals, particularly calcium. So, it's a time of transition, which can be eased with your help.

Let's look at the dynamics of molting and feather production. Roughly 10% - 20% of body weight is feather. The creation of which requires certain nutrients. The majority of birds in our homes suffer from some degree of malnutrition - it's still the leading cause of death in companion birds - and you may not even be aware of it! The essential amino acids lysine and methionine are especially important, as are choline and riboflavin. Long periods between molts, failure to produce new feathers, and feather weaknesses and abnormalities can all be indicative of nutritional deficiencies. Some birds seem to be in a state of continual molt, while others go through an obvious molt once or twice a year. Most birds grow heavier plumage during the cold winter than they do in summer. Softbills exposed to too many hours of artificial light will go into an extra or prolonged molt. Covering the cage at night may be helpful. Parrots generally molt year round rather than seasonally, although you'll notice it more in late summer.

Heavy molts DO affect personality! You may see a decrease in playing or talking, in addition to the grouchiness. Your bird may seek out more of your attention, hoping you'll help preen the incoming pin feathers. More frequent bathing is also helpful during molting. Expect to see a lot more dander and "floaties" in the air, in addition to lots of fallen feathers.

Almost 90% of a feather is composed of protein, so molting is the time to increase protein foods in the diet. Shredded chicken, hard cooked egg whites, tofu, cottage cheese and yogurt are good additions, along with legumes, whole grains, and nuts. The fatty acids in the grains and nuts are also needed for healthy skin and feathers. I usually supplement extra flax seed oil during molts. Be sure quality pellets are available daily as well as lots of veggies, like broccoli, carrots, yams, pumpkin, corn, and Swiss chard.

If wing clipping during a molt, be aware of blood feathers on the wings. Clipping a feather with a live blood supply can cause persistent bleeding, requiring the feather to be pulled in order to stop the bleeding. If you bird's wings are clipped mid-molt, be aware that a touch-up trim later may be necessary to keep your bird from being too flighted.

Just remember that molting is a natural phase all birds go through, in order to replace old worn out feathers with shiny new ones! Expect some irritability and crankiness during this time - it's normal. Help out by preening pin feathers, giving frequent baths and boosting their nutrition.

This Article Comes from [Your Parrot Place](#) and we'd like to thank them for allowing us to us it.

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WAES FUNDRAISER!

"MURDER AND DINNER" 28 APRIL 2007.

\$20 donation per person.

The 1936 Hollywood Premier of "Powar and Greede"

Fully booked

I have to publicly thank Dennis and Susan Kelley for the Special Event fundraiser of Murder & Dinner. I attended the event last night, and it was so much fun. We had Champagne and Caviar. We had salmon and chicken and roast beef with names I wouldn't dare to spell. We had desserts that were out of this world. Everyone came in costumes and dressed up for their parts. Oh, my gosh, we had such a great time.

Shawna Augustine

Thanks to some great people we were able to raised \$160 to help WAES help the birds Thank you one and all. **Dennis and Susan**

Parrot Toys. WAES helps you make your own with **JILL ANDERSON** next month **June 9th**. Save a bit on money and make something you know your bird will love while having almost as much fun as your bird will destroying it. [More Information next Newsletter.](#)

Speaking (or writing) of Jill, WAES would like to thank her for the toys she brought last month.

President – Carol Crane
Vice President – Chase Kimball
Secretary – Gail Chellis
Treasurer – Audrey Hollaar
Fundraiser – Lisa Sladyk
Public Relations – Vacant

2007 Officers

Special Events – Doug Judd
Newsletter – Susan + Dennis Kelley
Website – Susan + Dennis Kelly
Rescue Director – Shawna Augustine

FOR CONTACT INFO. PLEASE VISIT WEB SITE

The website has new look –

See us at:

<http://www.wasatchavian.com/>

WAES is in need of a P.R. Director for the remaining 2007 Board. Some duties include: news media contact, publicizing events, information packets, etc.

**To find out what's happening in WAES
Join our Chat group in Yahoo.**

**Send an email to:
Waes-subscribe@yahogroups.com**

**Everyone is Welcome
Stay up to date in a **dynamic** club**

Be sure and check out Madeleine Franco and SNPERRS on the web by going to the WAES web site and clicking on the 'links' page or go to: [SNPERRS](http://www.snperrs.org/about.html)
<http://www.snperrs.org/about.html>

Chat Question Of The Week: In the wild parrots do not usually mate with other parrots not of their species. The question is, can parrots of different species become pals in a home environment? Sound off in the WAES Chat group on the left.

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**Email edition of the WAES
Newsletter**



Please check the address label for membership expiration date. Please don't forget to renew.